

# Health and Wellness

## Healthy people make a healthy DC!

The District Government works to promote and protect the health, safety and quality of life of all DC residents, visitors and those doing business in the District of Columbia. This fact sheet provides an overview of some of the major health and wellness services that are offered.

### HIV/AIDS Administration

The HIV/AIDS Administration (HAA) is the core District government agency to prevent HIV/AIDS, reduce transmission of the virus and provide care and treatment to people living with HIV or AIDS.

- HAA partners with health and community-based organizations to offer a variety of prevention education and social services.
- HAA administers the District's budget for HIV/AIDS programs,
- provides grants to service providers, monitors programs,
- and tracks the incidence of HIV and AIDS in the District of Columbia.

Get connected by calling: 311 | Web: [www.doh.dc.gov/hiv](http://www.doh.dc.gov/hiv)

### Mental Health

The Department of Mental Health provides comprehensive mental health services to adults, children, youth, and their families. The agency also evaluates and treats individuals referred through the criminal justice system.

Telephone: (202) 673-7440

24-Hour Access Helpline: (888) 793-4357

Para Español: (888) 793-4357

Web: [www.dmh.dc.gov](http://www.dmh.dc.gov)

### Substance Abuse

It is estimated that over 60,000 individuals in the District of Columbia have a substance abuse problem. The mission of the Addiction Prevention and Recovery Administration (APRA) is to

- develop and enforce the highest quality regulatory standard for the delivery of treatment services for individuals with alcohol, tobacco and other drug addictions;
- prevent alcohol and other drug addictions; and
- facilitate treatment of individuals and families coping with alcohol, tobacco and other drug addictions.

Through intake assessment and referral of individuals and families seeking services, APRA facilitates placement of District residents in outpatient and residential substance use disorder treatment settings.

APRA offers a wide range of services, some GLBT specific, to DC residents including:

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| • Assessments and Referrals            | • Prevention and Youth Treatment Services  |
| • Certification for Treatment Programs | • Special Services for Women with Children |
| • Detoxification Services              | • Residential Services                     |
| • Outpatient Services                  | • Community Faith Based Service            |
| • Drug Treatment of Choice Programs    |  |

Telephone: (202) 727-8857 | 24 Hour Hotline: (202) 698-8060

## Know your HIV status.

Confidential and/or anonymous testing for exposure to HIV—the virus that causes AIDS—is available at several locations across the city. To learn more about HIV testing and counseling, or for information on how to reduce your risk of contracting HIV, please call the HIV/AIDS Administration at (202) 671-4900.

## Here is a list of GLBT- friendly nonprofit organizations in Washington, DC that provide health and human services.

Andromeda Trancultural Health  
1400 Decatur Street. NW  
Washington, DC 20011  
202.291.4707  
andromeda@andromedahealthcenter.org  
www.adromedalhealthcenter.org

Carl Vogel Center  
1012 14th Street NW, Suite 700  
Washington, DC 20005  
202.638.0750  
www.carolvogelcenter.org

DC CARE Consortium  
1156 Fifteenth Street NW, Suite 500  
Washington, DC 20005  
202.223.9550  
info@dccare.org  
www.dccare.org

Different Avenues  
821 Upshur Street. NW Suite B  
Washington, DC 20011  
202.829-2103  
info2004@differentavenues.org  
www.differentavenues.org

Max Robinson Center of Whitman-Walker Clinic  
2301 Martin Luther King Jr. Ave. SE  
Washington, DC 20020  
202.678.8499  
mrcwwc@wwc.org  
Women in the Life Association  
P.O. Box 21292  
Washington, DC 20009  
202.541.9818  
www.womeninthelife.com

Metro Teen AIDS  
651 Pennsylvania Ave, SE  
Washington, DC 20003  
202.543.9355  
www.metroteenaids.org

Transgender Health Empowerment Inc.  
1711 N. Capitol Street, NE  
Washington, DC 20002  
202.636.1646  
www.theincdc.org

Us Helping Us, People Into Living, Inc.  
3636 Georgia Avenue, NW  
Washington, DC 20010  
202.446.1100  
www.uhupil.org

Whitman-Walker Clinic  
1701 14th Street, NW  
Washington, DC 20009  
202.797.3500 (main)  
202.939.7690 (new clients)  
info@wwc.org  
www.wwc.org

The Mautner Project  
1707 L Street, NW Suite 230  
Washington, DC 20036  
202.332.5536  
maunter@maunterproject.org  
www.mautnerproject.org

★ ★ ★ **Government of the District of Columbia**  
Adrian M. Fenty, Mayor

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